

Winchester Schools-September 2019

Breakfast Menu

- 2 No School - Labor Day
- 3 Biscuit and sausage gravy and pears
- 4 Bacon, egg & cheese breakfast pizza and peaches
- 5 Ham, egg & cheese combo bar and mandarin oranges
- 6 Pancake bites w/syrup and pineapple
- 9 Honey Nut Cheerios Cereal, brown sugar/cinnamon pop tart and mixed fruit
- 10 Biscuit and sausage gravy and pears
- 11 Bacon, egg & cheese breakfast pizza and peaches
- 12 Chocolate Chip muffin and mandarin oranges
- 13 Pancake & sausage on a stick w/syrup and pineapple
- 16 Cocoa Puffs cereal, chocolate fudge pop tart and mixed fruit
- 17 Biscuit and sausage gravy and pears
- 18 Bacon, egg & cheese breakfast pizza and peaches
- 19 Sausage, egg & cheese breakfast burrito and mandarin oranges
- 20 French toast sticks w/syrup and pineapple
- 23 Lucky Charms cereal, strawberry pop tart and mixed fruit
- 24 Biscuit and sausage gravy and pears
- 25 Bacon, egg & cheese breakfast pizza and peaches
- 26 Cheese omelet, sausage patty, biscuit w/ jelly and mandarin oranges
- 27 Big Texas Cinnamon Roll, orange juice and apple slices
- 30 Fruit Loop Cereal, Blueberry pop tart and mixed fruit

Lunch Menu

- 2 No School - Labor Day
- 3 Chicken patty on whole grain bun, peas & carrots and pineapple
- 4 Meatloaf, mashed potatoes w/gravy, whole wheat roll and mandarin oranges
- 5 Sloppy Jo on whole grain bun, chips, broccoli & cauliflower mix and peaches
- 6 Cheese Calzone, marinara sauce, spicy pinto beans and pears
- 9 Mini Corn dogs, potato smiles, applesauce and a cookie
- 10 Beef & bean burrito w/ lettuce, cheese and taco sauce, carrot sticks w/ranch and pineapple
- 11 Chicken nuggets, macaroni & cheese, whole wheat roll, peas and a fruit cup
- 12 Toasted Ravioli, marinara sauce, spinach lettuce salad and peaches
- 13 Sausage pizza, green beans and mandarin oranges
- 16 Italian Chicken Breast on whole grain bun, peas & carrots and pineapple
- 17 Cheesy Chicken Alfredo, whole wheat roll, green beans and peaches
- 18 Walking Taco w/lettuce, cheese and taco sauce, chips, spicy pinto beans and mandarin oranges
- 19 Hamburger on whole grain bun, cheese slice, corn and applesauce
- 20 French bread, pepperoni pizza, broccoli w/cheese and pears
- 23 Hot dog on whole grain bun, baked beans and applesauce
- 24 Ham & cheese on whole grain bun, carrot sticks w/ranch and mandarin oranges
- 25 Pork Chop, cheesy hash browns, whole wheat roll and peaches
- 26 Tenderloin on whole grain bun, green beans and pineapple
- 27 Three meat Calzone, marinara sauce, Romaine Lettuce Salad and pears

Grades 3rd thru 12th have the option of the full entrée or the main entrée with salad bar.

***Choice of milk with each meal. (fat free 1% chocolate, 1% white or 1% strawberry)**

20 "Meal" days in September

K-3rd lunches (\$2.25) = \$45.00

4-12th lunches (\$2.50) = \$50.00

Breakfast (\$1.50) = \$30.00

August & September milk in the classroom = \$6.50 (K thru 3rd)