**Winchester High School**

**Health Syllabus**

**Teacher: Mr. Brockhouse**

**Email: abrockhouse@winchesterschools.net**

**Course Description:**

Health is a semester course that will guide students through the many dimensions of wellness.

Students will develop skills needed in confronting difficult situations; understand health

prevention and promotion techniques that will establish a solid personal health education; and

become health literate in making positive and healthy decisions.

**Class Expectations:**

1. Students are expected to be **RESPECTFUL** of the rights of others. Raise your hand before speaking. Be quiet while others are talking. Health class is not a time to catch up on a nap! Respect all property in this classroom! If it’s not yours, LEAVE IT ALONE!

2. Students are expected to follow the school rules and codes. (See the Winchester High School Student Handbook for information and school policies.)

3. Students will be in the classroom and in your seat before the tardy bell. 3 tardy reports=discipline referral.

4. Students are expected to be present and organized every day. Make sure you have all materials for class, INCLUDING your planners!!!

5. No book bags, coats, cell phones or other electronic devices, food, gum or drinks are allowed in the classroom. Water is allowed if disposed of properly.

6. Attendance is an ESSENTIAL part of learning! Students are responsible for missing work when they return from an absence. It is YOUR responsibility to see me as soon as possible. I will not hunt you down to make up work. Also, if you are absent the day before a known assignment is due, you will still be responsible for that assignment on that returning day! (test, projects, etc.)

7. Students will be given **TWO** days to complete the makeup work.

8. If a student misses a test, the test MUST be made up within two school days or a 0 will be given. Also, the test must be made up when convenient for the both of us (not during class)!

9. Cheating/Plagiarism will NOT be tolerated!

10. Expect yourself to SUCCEED!

11. If you need help, ASK! If you don’t understand, ASK! If something is wrong, ASK! If you need anything, ASK!

12. HOMEWORK: Homework will be given most days to be completed by the following class period or otherwise determined. Late work will have a deduction of 10% each day it is late. No assignment will be accepted after being late for 5 days. Specific Homework formats will be discussed in class with the students. If the assignment is turned in without the correct format, the student will be asked to redo the assignment or will not receive credit.

13. Use class time wisely! Take advantage of your Advisory Period…you do not want to stay at school any longer than you have to!

**Cell Phones:**

See page #14 of Winchester High School Handbook

**Class Rules:**

Rules:

1. Give RESPECT, to Gain RESPECT!

2. LISTEN!!!

3. Come prepared mentally, emotionally and physically each day and ready to learn!

Consequences:

1. 1st Verbal Warning

2. 2nd Parent Contact and Detention/Next 20 years of your life Paper (5 pages)

3. 3rd Sent to Office with Referral and Detention

4. Major Offenses refer to handbook

**Class Requirements and Materials:**

1. Notebook and Folder

2. Writing Utensil

3. Textbook **(Text Book is YOUR Responsibility!)**

Textbooks will be provided for each student for the semester.

The student will have the responsibility to take care of the textbook and return it before the final exam in proper condition. (If the textbook is not returned at this time, students will be charged a replacement fee and score will not be recorded until due is paid).

**GRADING SYSTEM**

The grades reported may be interpreted as follows:

A+: 100-98

A: 97-93

A-: 92-90

B+: 89-88

B: 87-83

B-: 82-80

C+: 79-78

C: 77-73
C-: 72-70

D+: 69-68

D: 67-66

D-: 65

 F: 64-0

 \*\*\*Final exam is 20% of semester grade.

**Restroom/Locker/Drink Policy:**

Students will be provided 2 passes for the semester. Physical passes will be given to each student who must present them for permission leave. If a student does not have a pass to turn in, they will not be permitted to leave. Students who turn in the passes at the end of the course will receive 10 extra credit points for each pass toward their grade.

**(continue)**

**Course Outline:** Below is an outline of the Units and Chapters that we will be covering in Health this semester. The below list is subject to change at any time during the semester.

Intro / Chapter 1

Chapter 2

Chapter 3/Chapter 4

Chapter 5/ Test

Chapter 10/Chapter 11

Chapter 11/Chapter 12

Nutrition Plan Project

Nutrition Plan Project

Nutrition Presentations

Nutrition Presentations

Chapter 26/Chapter 27

Chapter 28/ Test

Chapter 19/ Chapter 20

Chapter 20/Chapter 21

Chapter 22

Chapter 13/ Chapter 14/ Chapter 15

Chapter 16/ Chapter 17/ Chapter 18

Chapter 23/ Chapter 24

Chapter 25

Semester Reviews

Semester Exams

If the following paper is returned by August 30, 2017 you will receive 10 points extra credit towards your grade.

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I have read and understand the above responsibilities:

Student’s PRINTED name:

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Student’s signature:

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Parent(s) signature:

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Parent(s) email address:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_