

## Winchester Schools – October 2019 Breakfast Menu

- 1 Biscuit and sausage gravy and pears
- 2 Bacon, egg & cheese breakfast pizza and peaches
- 3 Sausage, egg & cheese on croissant and mandarin oranges
- 4 Pancake bites, sausage link, syrup and pineapple
- 7 Honey Nut Cheerios cereal, brown sugar/Cinnamon pop tart and mixed fruit
- 8 Biscuit and sausage gravy and pears
- 9 Bacon, egg & cheese breakfast pizza and peaches
- 10 Scrambled eggs, w/ham, biscuit w/jelly and mandarin oranges
- 11 NO SCHOOL – FOR STUDENTS
- 14 NO SCHOOL – COLUMBUS DAY
- 15 Biscuit and sausage gravy and pears
- 16 Bacon, egg & cheese breakfast pizza and peaches
- 17 Sausage, egg and cheese breakfast burrito and mandarin oranges
- 18 Sausage/Pancake on a stick, syrup and pineapple
- 21 Cocoa Puffs Cereal, chocolate fudge pop tart and mixed fruit
- 22 Biscuit and sausage gravy and pears
- 23 Bacon, egg & cheese breakfast pizza and peaches
- 24 Chocolate Chip muffin and mandarin oranges
- 25 French Toast Stick, syrup and pineapple
- 28 Lucky Charms Cereal, strawberry pop tart and mixed fruit
- 29 Biscuit and sausage gravy and pears
- 30 Bacon, egg & cheese breakfast pizza and peaches
- 31 Donut variety and mandarin oranges

### LUNCH

- 1 Meat loaf, mashed potatoes w/gravy, whole wheat roll and pineapple
- 2 Chicken & Noodles, whole wheat roll peas & carrots and pears
- 3 Fiesta Taco Salad w/corn chips, sour cream, taco sauce, corn and peaches
- 4 Cheese stuffed crust pizza, broccoli w/cheese and applesauce
- 7 Chicken Patty on whole grain bun, green beans and pears
- 8 BBQ Pulled Pork on whole grain bun, chips, carrots and applesauce
- 9 Baked Spaghetti, garlic bread, Romaine Lettuce Salad, w/ranch and pineapple
- 10 Beef & bean burrito, lettuce, cheese, taco sauce, corn and peaches
- 11 NO SCHOOL – FOR STUDENTS
- 14 NO SCHOOL – COLUMBUS DAY
- 15 Mini Corn Dogs, potato smiles, Romaine Lettuce Salad w/ranch, apple Bosco stick
- 16 Ghostly chicken nuggets, macaroni & cheese, whole wheat roll, peas and mandarin oranges
- 17 Hamburger on whole grain bun, cheese slice, cowboy beans and pears
- 18 Sausage stuffed crust, peas & carrots and peaches
- 21 Hot dog on whole grain bun, chips, baked beans and applesauce
- 22 Cheddar Potato soup, crackers, ham & cheese slider and peaches
- 23 Pork Chop, cheesy hash browns, whole wheat roll and pineapple
- 24 Tenderloin on whole grain bun, mixed vegetables, and pears
- 25 French bread pepperoni pizza, spinach Lettuce salad and mandarin oranges
- 28 Grilled Chicken on whole grain bun, green beans and pears
- 29 Chili, crackers, cini mini and peaches
- 30 Chicken Fried Chicken, mashed potatoes w/gravy, whole wheat roll and mandarin oranges
- 31 Sloppy Jo on whole grain bun, chips, Broccoli w/cheese and pineapple

*Grades 3<sup>th</sup> thru 12<sup>th</sup> have the option of the full entrée or the main entrée with salad bar.*

**\*\*\*\*\*Choice of milk with each meal\*\*\*\*\***

<b>21 “meal” days in October</b>	
<b>K-3rd lunches @ \$2.25</b>	<b>\$47.25</b>
<b>4th-12<sup>th</sup> lunches @ \$2.50</b>	<b>\$52.50</b>
<b>Breakfast @ \$1.50</b>	<b>\$33.00</b>
<b>October K-3 milk in the classroom</b>	<b>\$ 6.50</b>

**MENU SUBJECT TO CHANGE DUE TO AVAILABILITY**